

Bibliographic Information

Title: Training and supporting the care force

Author: Maggie Kindred

Genre: Social welfare and social services / Training

ISBN: 9781782282655	Publication Date: April 2013
Edition/Format: 1 st /Paperback	Book Size: 210 x 148 mm, 158pp
Price: UK £9.99	Imprint: Pneuma Springs Publishing

Sales and Distribution:

Spring Leaf Books

7 Groveherst Road, Dartford, Kent DA1 5JD

Landline: +44(0)1322 377445

Mobile: +44(0)7944 352237

E: orders@springleafbooks.com

E: sales@pneumasprings.co.uk

W: www.springleafbooks.com

About the Book

Training and Supporting the Care Force

...that's nearly all of us!



Maggie Kindred

Not common sense, not rocket science - just training and support

This book is for all carers, inside the family, outside it, paid, or not.

Carers literally blossom when they are offered non-jargonistic, practical training and support.

This book is about helping carers to recognise and value the skills they already possess, and develop these - from this comes an unbelievable amount of support, as well as making all kinds of everyday experiences more interesting and enjoyable.

This book therefore helps carers to

- recognise and value the skills they already possess
- develop these skills through applying theory to everyday situations
- understand the complex social welfare background of today, since knowledge is power
- be equipped to work with people who have very different backgrounds and experience from their own
- deal with jargon!

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"...a valuable book for the caring profession" ...publishedbestsellers.com